

# EARTH DAY 101



## HISTORY

On April 22 1970, Earth day was established by Wisconsin Senator, Gaylord Nelson. Approximately 20 million people participated that first year and the movement quickly received bipartisan support. By 1990, Earth Day became internationally recognized and implemented.

## FUN FACTS



- There is a different theme for Earth Day each year
- This year's theme is "Restore Our Earth"
- In 2013, Indian poet Abhay Kumar wrote the Earth Day Anthem
- Each year, around 1 billion people recognize Earth Day

## AT HOME

There are many simple ways to celebrate Earth Day at home such as:

- Plant a native garden with pollinator-friendly plants
- Take a nature walk and snap some pictures
- Research and cook a plant-based meal

## AT WORK

Additionally, here are some ways to celebrate Earth Day at work:

- Bike, walk, or use public transit to and from work
- Minimize paper use and use digital documents
- Purchase materials from local businesses



**VISIT [EARTHDAY.ORG](https://www.earthday.org) FOR  
MORE INFORMATION**